Mogetorp Checkpoint
Mogetorp’s Wärdshus, a roadside restaurant, is located next to main road 50, with good bus connections. The restaurant serves coffee, sandwiches and traditional Swedish dishes. Packed lunches for walkers are available. Access to fresh water next to the hostel. Parking is available. Ring 019-28 20 71 or 073-636 87 76 for information. www.mogetorpswardhus.se. The 9 km Amboberget circular walk starts from Mogetorp.

Blankhult Checkpoint
Blankhult is an outdoor recreation and conference centre that is available for rental and sleeping accommodations for large and small groups. Right next to the facility is a shelter and tent pitch meadow. There is drinking water at the western gable of the main building. The facility is run by Blå Bergens Lilla Spa. Information: +46 (0)19-28 00 12. www.blabergen.com

Vinterhagen Rest Area
A rest area with shelter, fire ring and toilet is in the middle of the stage just north of the point where the trail crosses the main road in Lockhyttan. There is a natural spring about 200 m from the rest area along a specially marked path behind the shelter. We recommend that water from springs be boiled before it is drunk.

Amboberget Loop Trail
The Amboberget Loop Trail, which starts at Mogetorp, is about 11 km long. The connection over Amboberget is marked in blue. In general, the trail follows the Bergslag Trail. From Amboberget you have a view to the east. The nature is varied, with a mixture of old-growth forest, swamps and gullies.

Blankhult Loop Trail
A longer, 9 km loop trail passes Skrikarboda and Russakulan – Kilsbergen’s best vantage point – where the rest area is located. The shorter, 3 km trip goes around Skogatorpsklinten. The loop trails start from Blankhult.

Mountain Bike Trail
Stage 8 from Mogetorp up to Amboberget nature reserve is also designated as a mountain bike trail. Nora municipality is responsible for the mountain bike trails, and the landowner is Sveaskog.

Walk time
The walk time is based on an average speed of about 3.5 km/hour. This allows time for rest stops. Stage 17, Tivedstorp – Stenkallegården, takes about 6 hours.
1. Rock caves
A 175 metre dead-end trail leads from Bergslagsleden to Blå Grottan – the Blue Cave – and a 400 metre dead-end trail to Frihetsportalen – the Gateway to Freedom. The Blue Cave is 8 metres deep, with a maximum height of 4 metres. At 15 metres long and with a large entrance, the Gateway to Freedom is the biggest.

2. Amboberget
The trail passes just north of Mt. Amboberget. A marked path runs about 1.5 kilometers from stage 8 to the top. You can return on the Amboberget looping trail if you like. The view is breathtaking.

3. Shingle banks – Liaberget
At the foot – and south – of Liaberget, the trail passes a number of shingle banks, some of which are covered with forest. Vegetation-free banks are found just south of the point at which the path crosses the road.

4. Lockhyttan
Lockhyttan is one of the many villages that sprouted up when farmers built smelting houses for iron working. Piles of waste rock are visible past the stream. Production started in the early 17th century and ended in 1816.

5. Rusakulan
About 2 kilometers southwest of Lockhyttan, you will find yet another marked looping path. It is 300 meters long and leads to Rusakulan, one of the highest mountains in Kilsbergen, about 265 meters above sea level. The mountain also offers one of the most awesome views in Kilsbergen. The platform is disabled accessible.

6. North Trolldalen
The path crosses one of the many deep rifts, perpendicular to the surface, on the eastern slope of Kilsbergen. With a height differential of almost 100 meters, North Trolldalen is among the most prominent rifts.

The stream that runs through the valley played an important role in iron working. It served as the power source for a couple of smelting houses, including Klockarhyttan, and a water-powered iron forge at Klockhammar. Several nearby lakes and swamps were dammed up and regulated for that purpose.

7. Skogatorpet
The trail passes one of the abandoned crofts in Kilsbergen. Information about many of these crofts, including the names of the last owners, has been preserved at the initiative of the Närkes Skogskarlars Klubb, which has also erected plaques at some of the ruins.

Skogatorpet was in operation as late as 1964, but the forest now covers most of the open land. North of Skogatorpet, the trail follows the old road towards Bocksboda.

Tomasboda
Tomasboda, 3 kilometers south of Blankhult, is the rest area of Kilsbergen with the greatest heritage value. The old cabin is the only building that remains from the former built-up area. You can breathe in the simplicity and atmosphere of the former outdoor life in Kilsbergen. A source of drinking water is available at the cabin.

Important to know
- Make fires only where designated fire rings/circles are present.
- Make sure that your fire is completely out before you continue hiking.
- Refrain from starting fires during the dry periods of summer when risk of forest fire is high.
- Do not break off limbs or branches from living trees.
- You may pitch tents along the trail, but preferably near the rest areas and no more than one night in the same place.
- Do not stay from the trail when near built-up areas, cultivated fields or planted forests.
- Do not litter.
- If hiking with a dog, be aware that you must always have the dog on a lead/leash in the forests/fields during the period from March 1 - August 20.
- So as to avoid conflicting with moose hunting season, you shouldn’t use the trail during the most intensive hunting period - the second week in October and several weeks forward.

Facts about the Bergslag Trail
The Bergslag Trail (Bergslagsleden) is a 280 km hiking trail traversing all of Örebro county. It is divided into 17 stages. Region Örebro län is responsible for the trail. The Bergslag Trail is identified by orange markings on trees or posts. At road crossings or branches in the trail, directional arrows with the Bergslag Trail’s symbol are used.

Bus Connections
Mogotorp is served by the Örebro – Nora / Lindesberg bus line. The closest bus connection with Blankhult is Klockhammar (3 km away), which has limited service. For other bus connections, see www.lanstrafiken.se. Bus stops are listed under “sök resa” (search trip) and “detaljerad resa” (detailed trip). Transit information +46 (0)771-22 40 00.

For more information
www.bergslagen.se
For more information Örebrokompaniet,
+46 (0)19-21 21 21,
info@orebrokompaniet.se.
Nature reserve information:
www.lanstrafiken.se/orebro/naturreservat
Outdoor life website and app
All the information you need before walking the rail is available at www.bergslagsleden.se. Accommodation, airport transports, equipment, trail stage info sheets, activities and sights. There is also an interactive web map on the site.

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